Questions to Support Clients
(see Slide 15 of Having the Conversation Presentation)

- I notice....
  ✓ You’ve missed quite a few sessions...
  ✓ You fall asleep in class
  ✓ You look frustrated when completing this worksheet
  ✓ Some changes in you
  ✓ You are down today

- I’m concerned....
  ✓ You’re not sleeping
  ✓ When did you begin feeling this way
  ✓ Did something happen that made you feel this way

- How can I best support you?
  ✓ Have you thought about getting support?