

## Questions to Support Clients (see Slide 15 of Having the Conversation Presentation)

- I notice....
  - ✓ You've missed quite a few sessions...
  - ✓ You fall asleep in class
  - ✓ You look frustrated when completing this worksheet
  - ✓ Some changes in you
  - ✓ You are down today
  
- I'm concerned....
  - ✓ You're not sleeping
  - ✓ When did you begin feeling this way
  - ✓ Did something happen that made you feel this way
  
- How can I best support you?
  - ✓ Have you thought about getting support?