

Powerful Coaching Inquiries

In follow up from our September 11, 2025, QUILL Pop Up PD webinar titled “Motivating and Engaging Diverse Learners”, the following questions may be helpful when supporting diverse learners to discover unique values, currencies, and motivating factors. Please remember to use these questions with compassion and **after** building some connection and rapport with the individual (“heart work”). Powerful questions make you think therefore take longer to answer. They are typically below the surface questions about life, priorities, and values therefore it is crucial to allow silence after asking to let the person think! 😊

- What is most important to you?
- What makes you happy?
- What could make life just a little bit better for you?
- What is one small area you would like to work on together?
- What would become possible if you were to _____?
- What would become possible if you did that?
- What is one small change that would improve your situation?
- How would you describe yourself?
- How would others describe you?
- How would you like to be described?
- If \$ were no object, what would life look like for you?
- If nothing were in the way, what would your future be like? What would you be doing?
- That sounds hard. How would you like to change that?
- How would life be if you were to do that?
- What is getting in the way?
- You seem really driven for this. What is stopping you in between appointments?
- What difference could this make for your children?
- What do you want to see happen here?
- What are you proud of?
- What did you like most about a past worker?
- What did you like least about a past worker?
- What do you need from yourself to make this happen?
- What do you need from me for support?
- How will you hold yourself to this? What can I do to help hold you to it?

